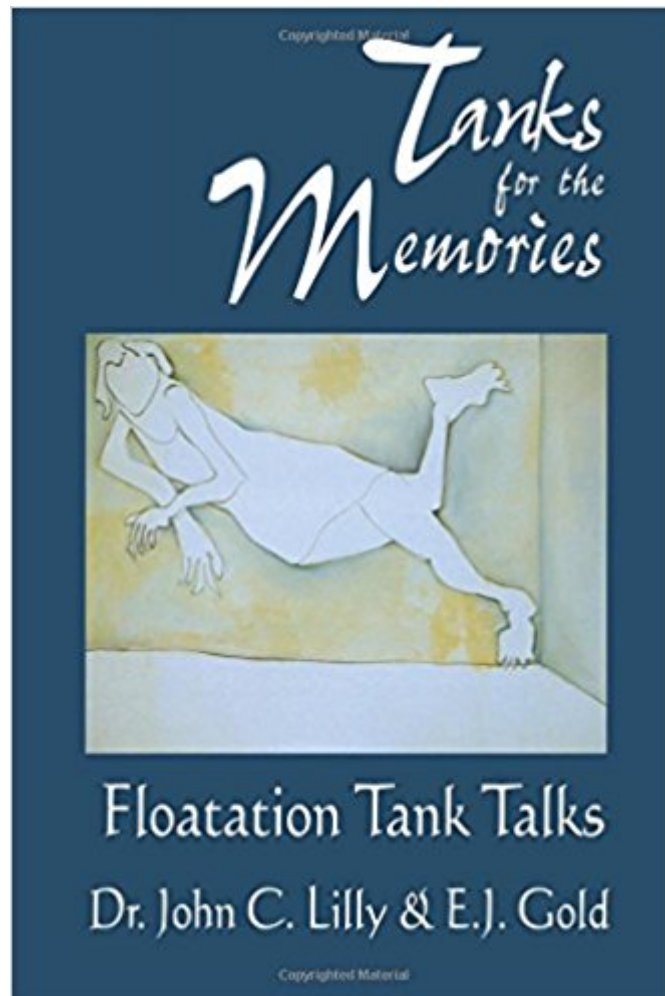




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Tanks For The Memories: Floatation Tank Talks (Consciousness Classics)



Synopsis

A definitive series of talks by two acknowledged masters of consciousness exploration on uses of the flotation tank.

Book Information

Series: Consciousness Classics

Paperback: 208 pages

Publisher: Gateways Books & Tapes; 2nd edition (June 1, 1996)

Language: English

ISBN-10: 0895560712

ISBN-13: 978-0895560711

Product Dimensions: 6 x 0.5 x 9 inches

Shipping Weight: 8 ounces (View shipping rates and policies)

Average Customer Review: 3.7 out of 5 stars 7 customer reviews

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Customer Reviews

"The floatation tank has always been a gateway into what is unknown and what is possible. This book is a guide to making the unknown possible." — Michael Hutchison, author, MegaBrain

Dr. John C. Lilly is a dolphin scientist and communicator. He is the inventor of the floatation tank and has conducted neurological and communications research. E. J. Gold is the author of more than four dozen books, including *American Book of the Dead*, *Life in the Labyrinth*, and *Practical Work on Self*. He lives in Nevada City, California.

If you are at all interested in Consciousness, this is a text to explore, before tanking. The launch pad is ready.

I enjoyed the half written by Dr. Lilly the most by far.

The first half of the book is worth reading- Dr. John C. Lilly giving talks on the floatation tank. But the second half consists of talks given by one E.J. Gold. I found his speaking style to be incredibly obscure to the point of being unintelligible (and I've read many books on mysticism). He's supposed to be a shaman and shows irritation at a child entering the room. His drawings, which are scattered throughout the book, may actually be worse than his talks if that's possible. They are little sketches unrelated to the material which look to me to have been drawn in about 30 seconds at most. I came away feeling insulted after the EJ Gold section. Weighing in at only 139 pages, this book is too small to be selling for the stated price. I felt cheated after slogging through the EJ Gold section and horrible drawings. I don't know if this man was a good personal friend of the late John Lilly or what..I'm at a loss how he got on board this project; He just seems to be riding Dr. Lilly's coattails. The credits say he is "isolated from the media" and "has never been highly marketed". Well now I see why. I don't think anyone is going to be banging on his door anytime soon.

John Lilly invented the floatation tank. In chapters 1-3 he explains the how, why and possibilities. Useful. Unfortunately, E.J. Gold contributed chapters 4-8. Gold tells everyone at a floatation tank workshop "do not wee-wee in the tank". Right. Gold also contributed ink drawings throughout the book that are just plain weird, hard to take and disturbed. Skip this book and find floatation tank information elsewhere

enlightening words about remarkable experiences that most can only imagine. Treated with respect and near reverence by an editor that takes the time to know her subject and her material. Very impressive!

I no longer go along with the kind of information which this book implies may be reproducible results. However it does focus upon a topic I hold dear. The penetration (!) of controlled hallucination and conscious dreams. No matter what terminology is used I can see that this is about endo-reality. So it is as it is.

Great reading

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